



Making our events safe

COVID-19 EVENT PROCEDURES



Mandatory kit requirements for all runners

- ✓ Hand sanitiser
- ✓ Facemasks for venue

If you have had any of the below symptoms within the last 14 days, or feel unwell, please **DO NOT** attend the event:

- ✗ High temperature
- ✗ New or continuous cough
- ✗ Loss or change in taste and / or smell



REGISTRATION SETUP

Race number collection at entrance to the venue - please arrive in the **30 minutes** prior to your start window. If you arrive outside these times you could be turned away!



TOILETS

All runners are advised to sanitise their hands before and after using the toilets.

Spread out to allow for social distance queuing.



VENUE FOOD

All vendors will adhere to social distancing and food will be shielded from runners.



START TIME SLOTS

Each distance has a set start time. There will be a rolling start with 10 seconds between each runner.

Original Series

Long	09:00 - 09:30am
Middle	09:35 - 10:05am
Short	10:10 - 10:40am

X-Series & Frontier Series

Ultra	09:00 - 09:30am
Long	09:35 - 10:05am
Middle & Short	10:10 - 10:40am

Dark Series

Long	16:30 - 17:00pm
Middle	17:05 - 17:35pm
Short	17:40 - 18:15pm



START / FINISH

Start and Finish line in separate locations within event village.

Allows those running shorter distances to finish whilst some are still starting.



OUTPOSTS

Lanes used to reduce queuing and limit the number of people coming through at one time.

Food will only be available on Long / Ultra outposts.

You will need to carry a personal cup. No cup no drink.



GENERAL

- ✓ Signage to help remind you of social distancing.
- ✓ Various hand sanitising points throughout event village.
- ✓ All staff will wear gloves and masks.